**Brostrom-Gould (Lateral Ligament) Repair – Mr Gordon (NHS)**

Normally follows after ankle arthroscopy

Antibiotics: IV on induction

Tourniquet: Thigh, Kimberly – Clarke blue wrap, sealed with Leukoplast, sterile 6 inch esmarch, 250mmHg once draped

Fluoroscopy: Image Intensifier if EUA included, done before draping

Position: Supine, sandbag under buttock, side support on opposite leg, table tilted 15 degrees to opposite side, calf pumps

Skin Prep: Alcoholic Chlorhexadine in Mr Gordon’s Sterile Bag (foot) then to above knee

Drape: Trolley cover, Hand & Foot drape, Optape

Popliteal Block: Done by anaesthetist

Equipment: Day Surgery Set (bipolar diathermy, McDonald dissector, Gilles forces, Adson forceps, cats paws, suture scissors, large Langenbeck)

Minor’s Set (mini Hohmann retractors, small bone nibbler)

Extras : AO square periosteal elevator, black handles scissors, marker pen

 Frazier suction tip

1 x #10 blade

2 x #15 blades

Saline wash

Sterile gown rolled up (leg rests on)

3 anchors : GII Quick Anchor Plus, DePuyMitek (No.2 Orthocord + needles, 222983)

2.5 mm drill + drill guide

Sutures: 2/0 undyed Vicryl (W9527), 2/0 Prolene (8026T), ½ “ steristrips cut in half

Dressings: Blue gauze

Plaster: Wool **-** 2 x 6 inch, 1 x 4 inch

Back & U slabs – 3 x 6 inch rolls (back), 3 x 4 inch rolls (U)

Crepe - 2 x 6 inch, 2 x 4 inch

Post op: 2/52 – OPD: Remove back slab, wound check, rigid walking boot FWB (6/52), start PT