**Minimally Invasive 1st MTPJ Cheilectomy - Mr Gordon (NHS)**

Antibiotics: IV on induction

X-Ray: Mini C-Arm with cover (or image intensifier if unavailable)

Position: Supine, calf pumps (no sandbag)

Skin Prep: Alcoholic Chlorhexadine in Mr Gordon’s Sterile Bag

Drape: Medium (ground sheet), Hand & Foot drape

Tourniquet: 4 inch Esmarch bandage, clipped with Kelly

Equipment: Wright Medical Burr Machine with sterile hand piece, irrigation tubing and saline bag

2.7mm arthroscope

 Small shaver with pedals

Shaver blades - 2.0mm Cuda (Conmed)

Burrs: Wright Medical wedge burr 3.1mm

Disposables: Wright Medical MI Instrument Set

Beaver blade (SM 64)

4 inch sterile Esmarch,

Saline wash with 2 x 20 ml syringes and 14G (orange) Abbocath arterial catheter

Sutures: ½“ (blue) steristrips cut in half

Dressings: Opsite

 Dressing gauze

 Peha-haft 10cm wide

 Rigid flat black sandal (label inside at heel, M=male, F=female, Small/Medium/Large)

Post op Rehab: Rigid flat sandal 2 wks, Home same day if safe, FWB, F/up at 2 (wound review) + 6 wks (Xrays on arrival), Physio at 2/52 if necessary